

summer adventure treks

2012





personal growth and environmental stewardship
through exploration and adventure

Choose Your Adventure!

The Schuylkill Center's Summer Adventure Treks challenge pre-teens and teens to improve their outdoor knowledge and skills in a comfortable and supportive setting. Participants learn more about themselves, strengthen self-confidence, and gain teamwork skills while exploring the outdoors in unique and fun ways. They're continually challenged in very safe and incredibly fun environments under the guidance of experienced instructors and outdoor guides.

Each adventure begins on our picturesque grounds, 340 acres of fields and forest, streams and ponds. Participants get to know each other, then embark on three- or five-day outings, depending on the age group, to state parks and national forests along the east coast. During the day, we'll explore the area and participate in organized activities—rock climbing, hiking, canoeing,

kayaking, whitewater rafting, backpacking, caving, mountain biking, and more—while evenings are spent by the campfire discussing the day's adventures. As each week's destination and focus change, campers experience a huge variety of activities and ecosystems.

Each trip is conducted using two-person tents segregated by gender. Showers are available most days. Most meals are prepared in our campsite, but restaurant meals will be provided on several days. All of our activities, their duration and intensity, are specifically designed for adventurous youth. Equipment needs are minimal: sleeping bag, day pack, and clothing packed in a backpack or duffel. The Schuylkill Center provides all specialized equipment.

All campers must be of age by June 15, 2012.

Schedule

For programs without overnights, camp runs Mon-Fri 9 am - 3:30 pm. Before and aftercare are available for an additional fee. Campers should bring lunch daily; snack is provided.

Overnight Travel

Most of our 10-12 camps and all of our 13-15 camps include overnight trips. Campers should bring a lunch for the first day of a trip and for any days without overnights; a snack is provided. All other meals and snacks are provided during travel. Specific itineraries for each week's trip will be mailed two weeks prior to the trip.

Questions?

Contact Anna Marchefka
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To Register

Please call 215.482.7300 x 110
To download an application, visit our website: www.schuylkillcenter.org.



ages 10-12

Wildlife Explorer

June 18-22

Mon-Wed, 9 am-3:30 pm,
Thurs 9 am-Fri 3:30 pm (Overnight)
Members: \$265
Non-Members: \$285

Do you enjoy animals and plants in the wild? Come search for birds, mammals, reptiles, insects and the clues they leave behind in our forest and fields, then create your own nature journal to record your observations. Camp overnight at the Center to observe the world of nocturnal animals, and even visit Hawk Mountain Sanctuary to find soaring hawks and vultures. It's a great chance to sharpen your naturalist skills.

Water Watchers

June 25-29

Mon-Fri, 9 am-3:30 pm
Members: \$290
Non-members: \$310

Here's a week devoted to water and the animals that make aquatic habitats their homes. Campers will test the waters at a variety of sites in and around Philadelphia, and learn the basics of angling through a Pennsylvania Fish and Boat Commission program. We'll take fishing trips to the Schuylkill River and the John Heinz National Wildlife Refuge and swim at a nearby pool. We'll end the week with a kayaking adventure down the Delaware River.

Great Nature Escapes

July 2-6

(No camp on Wed, July 4th)

Mon-Fri, 9 am-3:30 pm
Members: \$240
Non-members: \$260

The perfect week for kids who love nature and exploring the great outdoors! During this shortened week, each day will find us on a different outdoor adventure: hiking in the Wissahickon Valley gorge, canoeing the scenic Brandywine River, and walking the rolling hills of Valley Forge National Park. We'll also venture to French Creek State Park for hiking, canoeing or orienteering.

ages 10-12 adventure camp series

Adventure Camp: Pine Barrens

July 9-13

Mon-Tue, 9 am-3:30 pm,
Wed 9 am-Fri 3:30 pm (Overnights)
Members: \$330
Non-members: \$350

Join us for a trip to New Jersey's scenic Pine Barrens to discover what makes this million-acre forest special. We'll camp in Wharton State Forest and take advantage of its beautiful vistas; we'll hike the Batona Trail and use kayaks to search for cool carnivorous plants.

Adventure Camp: Stargazing the Dark Skies

July 16-20

Mon-Tue, 9 am-3:30 pm,
Wed 9 am-Fri 5 pm (Overnights)
Members: \$330
Non-members: \$350

Did you know that some of the darkest skies on the east coast are located here in Pennsylvania? We'll travel to Cherry Springs State Park to join park staff for stargazing and a tour of the night sky using high powered telescopes, looking for planets, moons, and nebulae. During the day we'll launch our very own rockets and hike to the highest points in the area.

Adventure Camp: Jersey Shore

July 23-27

Mon-Tue, 9 am-3:30 pm,
Wed 9 am-Fri 3:30 pm (Overnights)
Members: \$330
Non-members: \$350

It's time to hit the beach! This adventure takes us on a nature safari via catamaran to explore the Atlantic's back bays and beautiful salt marshes. We'll hike beach trails at night and explore the ocean and bay for natural treasures. We'll camp in beautiful Belleplain State Forest and spend a day sunning at the beach in Sea Isle City.

Adventure Camp: Wilderness Survival Skills

July 30-August 3

Mon-Tue, 9 am-3:30 pm,
Wed 9 am-Fri 5 pm (Overnights)
Members: \$330
Non-members: \$350

Have you ever wanted to rough it on your own? During this great introduction to wilderness skills, we'll learn to build a fire, read a compass, track animals, and make primitive shelters. In the second half of the week, we'll travel to Bald Eagle State Park to learn how to canoe, tan deer hide, make arrowheads, and perfect our fire-building skills.

All meals and specialized equipment are provided for the overnight portions of all Adventure Camp programs.

Adventure Camp: World's End State Park

August 6-10

Mon-Tue, 9 am-3:30 pm,
Wed 9 am-Fri 3:30 pm (Overnights)
Members: \$330
Non-members: \$350

We're headed to one of the "top 20 must see parks" in Pennsylvania, World's End State Park, to explore the rich geology of the area while hiking to spectacular views. We'll visit the gorgeous waterfalls of nearby Ricketts Glen State Park, and cool off in the area's best swimming holes.

Adventure Camp: Chincoteague Island

August 13-17

Mon-Tue, 9 am-3:30 pm,
Wed 9 am-Fri 3:30 pm (Overnights)
Members: \$330
Non-members: \$350

Embark on a 3-day, 2-night excursion to Chincoteague Island in Virginia. We'll join local guides for an early morning kayak paddle for the best opportunity to see wild Chincoteague ponies and other spectacular wildlife. Then we're off to the Marine Science Consortium for a hands-on look at the life that lives in the intertidal zone. Plan to get wet as we use nets and sieve boxes to collect crabs, shells and other organisms. We'll round out the week with a beach campfire and plenty of time relaxing at the shore.



ages 13-15 adventure trek series

Horseback Riding in the Blue Ridge Mountains

June 18-22

Trip departs Monday morning at 9 am and returns on Friday at 5 pm.

Members: \$725

Non-Members: \$750

The Blue Ridge Mountains in Central Virginia are a protected wilderness, home to incredible wildlife and spectacular views that we'll enjoy both on foot and on horseback. Local instructors guide us through the riding basics like getting on and off, caring for the animals and our equipment, and riding. Participants can expect to gain beginner through intermediate trail-riding experience while learning how to safely work with horses. We'll end our horseback riding adventure with a ride through part of Shenandoah National Park visiting some of the most spectacular terrain in the area.

Stand-Up Paddle Boarding on the James River

June 25-29

Trip departs Monday morning at 9 am and returns on Friday at 5 pm.

Members: \$725

Non-Members: \$750

Stand-Up Paddle Boarding (SUP) is the nation's fastest growing adventure sport, a unique combination of canoeing, kayaking and surfing that was first popularized in Hawaii. We'll travel to Virginia to join SUP instructors to learn how to paddle our boards on flat water. Once we've gained our footing, it's off to the river where we'll use our skills to navigate moving water. Looking to go surfing? Don't worry, by the end of the week you'll be surfing and playing on the larger river waves that the James has to offer.

ages 13-15

Backcountry Travel, Climbing and Caving in West Virginia

July 2-6

Trip departs Monday morning at 9 am and returns on Friday at 5 pm.

Members: \$725

Non-Members: \$750

Monongahela National Forest in West Virginia is home to stunningly beautiful forests. This week, we'll step off trail and navigate the forest using only map and compass. We'll learn about campsite selection, backcountry cooking and how to manage small injuries using wilderness first aid. When we're not in the woods, we'll be learning to rock climb and rappel at Seneca Rocks before we head underground to navigate the local cave system.

Canoeing the Delaware Water Gap

July 9-13

Trip departs Monday morning at 9 am and returns on Friday at 5 pm.

Members: \$725

Non-Members: \$750

The Delaware River in Northeast Pennsylvania flows for 40 miles with barely a house in sight. Join us this week as we travel 26 of these miles by canoe. After learning how to pack our boats, we'll head down river to spend three days and two nights enjoying places that few people ever see. Along the way, we'll stop at all the best swimming holes, see amazing wildlife and enjoy riverside campfires.

Mountain Biking in Vermont

July 16-20

Trip departs Monday morning at 9 am and returns on Friday at 6 pm.

Members: \$725

Non-Members: \$750

Experts from the Catamount Outdoor Center lead us on a three-day adventure through Northern Vermont that includes bike maintenance, proper bike fit, safety, and beginner through advanced riding. Learn how to pass safely, choose a line on the trail, climb and change gears efficiently and even how to crash gracefully. By the end of the week, you'll have seen many of Vermont's incredible trails and gained miles of mountain biking experience.

Whitewater Rafting

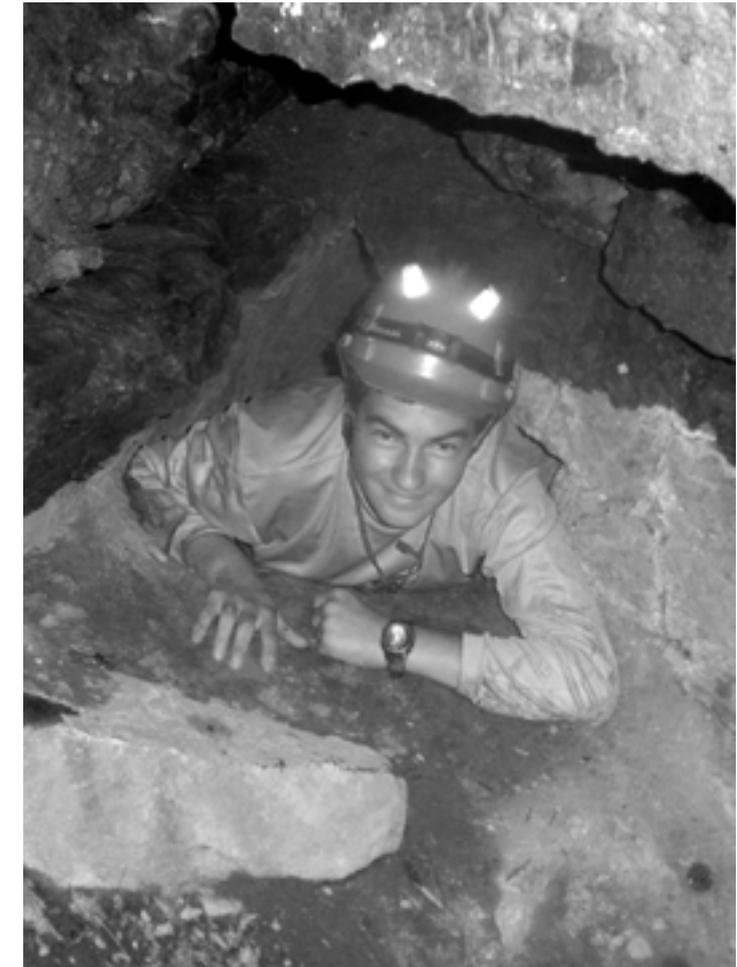
July 23-27

Trip departs Monday morning at 9 am and returns on Friday at 6 pm.

Members: \$725

Non-Members: \$750

Are you a thrill seeker that loves water? If so, come get wet and paddle like never before as we join local guides for three days of whitewater rafting in Western Pennsylvania and West Virginia. We'll spend our first day adjusting to moving water on the calm Middle Youghiogheny where we'll fish, swim and enjoy scenery. On day two we'll step up the action by paddling the Lower Youghiogheny, a fast-paced section of river that prepares us for our final day on the Cheat River. West Virginia's Cheat is a challenging nonstop thrill that puts our skills to the test and provides an experience like no other. Off the water, we'll revel in the beautiful scenery, swimming holes and rich history of Ohiopyle State Park.





The Schuylkill
Center | *for* ENVIRONMENTAL
EDUCATION

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